Here are the SQL commands to complete the given tasks:

1. Create a database "Kca":

```sql

CREATE DATABASE Kca;

```

2. Use the created database:

```sql

USE Kca;

```

3. Create the "employees" table:

```sql

CREATE TABLE employees (

ID INT,

name VARCHAR(50),

department VARCHAR(50),

salary DECIMAL(10,2)

);

```

4. Insert data into the "employees" table:

```sql

INSERT INTO employees (ID, name, department, salary)

VALUES

(1, 'John Smith', 'HR', 5000),

(2, 'Jane Doe', 'IT', 6000),

(3, 'Mark Brown', 'Sales', 4500),

(4, 'Lisa Greene', 'HR', 5500),

(5, 'Alex Young', 'IT', 7000);

```

5. Retrieve all columns:

```sql

SELECT \* FROM employees;

```

6. Get a list of unique departments:

```sql

SELECT DISTINCT department FROM employees;

```

7. Retrieve employees' names and salaries in ascending order of their salaries:

```sql

SELECT name, salary FROM employees ORDER BY salary ASC;

```

8. Calculate the total salary for each department:

```sql

SELECT department, SUM(salary) AS total\_salary FROM employees GROUP BY department;

```

9. Retrieve employees with a salary greater than 5000:

```sql

SELECT \* FROM employees WHERE salary > 5000;

```

10. Add a new column "age" to the "employees" table:

```sql

ALTER TABLE employees ADD age INT;

```

11. Set the values for the "age" column:

```sql

UPDATE employees SET age = CASE

WHEN ID = 1 THEN 35

WHEN ID = 2 THEN 28

WHEN ID = 3 THEN 20

WHEN ID = 4 THEN 30

WHEN ID = 5 THEN 23

END;

```